



# POSTURE

**Stand Tall!**

**Sternum is elevated yet flexible.**

**Keep your hands at your sides.**

**Relax your shoulders.**



**AIR**

**Fill low and deep.**

**Breathe before each phrase.**

**Use the air to move the phrase.**

**Singing is just a sustained sigh.**



# SHAPE

**Make fish lips.**

**Think “Tall Vowels”**

**Ah, Oh, Oo, Ee, Eh.**

**Find and shape on long sounds.**



# TONE

**Higher the note, bigger the space.  
Use your high, light head voice.  
Don't over-sing.  
Listen harder than you sing.**



# ARTICULATION

**Consonants provide energy.**

**Enunciate clearly.**

**“Sit On A Potato Pan Otis.”**

**Emphasize important words.**